

PROGRESS 357 RODNIK WATER TANK ББ2 OPS

GMT	CREW	ACTIVITY
13:30-13:40	CDR,FE-2	Morning inspection
13:30-13:45	FE-1	БМП Ф1 Absorption Cartridge Regeneration (start)
13:40-14:10	CDR	Post-sleep
13:40-14:05	FE-2	Post-sleep
13:45-13:55	FE-1	Morning inspection
13:55-14:35	FE-1	Post-sleep
14:05-14:10	FE-2	SKIN. Cream application to hand
14:10-15:00	CDR,FE-2	BREAKFAST
14:35-15:15	FE-1	BREAKFAST
15:00-15:15	CDR,FE-2	Work prep
15:15-15:30	.	Daily Planning Conference (<i>S-band</i>)
15:30-15:45	CDR,FE-2	Work prep
15:30-16:00	FE-1	Work prep
15:45-16:20	CDR	LAB Stowage
15:45-17:00	FE-2	LAB Stowage
16:00-16:20	FE-1	Replacement of Urine Receptacle [М-П] and Filter-Insert [Ф-В] in the toilet [АКУ](<i>М-П #0050145, В/С 00038423R (CM1_1_139_1 in pouch 940055); Ф-В #403036, (CM1_1_139_1 in pouch 0340052)). Update IMS.</i>)
16:20-17:20	FE-1,CDR	SODF Procedure Review
17:00-18:30	FE-2	ETD. Experiment Ops. <i>Tagup with specialists as necessary (S-band)</i>
17:20-18:20	CDR	Physical Exercise (RED)
17:30-18:30	FE-1	Physical Fitness Evaluation (on treadmill)
18:20-19:50	CDR	Physical exercise (CEVIS)
18:30-19:00	FE-1	Physical Exercise (TVIS), day 2
18:30-19:30	FE-2	Crew departure prep
19:00-20:00	FE-1	Progress 357 Rodnik Water Tank 2 [ББ2] Bladder Compression
19:30-20:30	FE-2	Physical Fitness Evaluation (on treadmill) / r/g 4261
19:50-20:05	CDR	Swap IWIS Remote Sensor Unit in Node with new unit
20:00-20:30	FE-1	Transfer of Thermal Protection Jackets [Т3К] to SOYUZ 219 Descent Module [CA] Backup Parachute System [ЗСП] Recess (##0460310, 0460311, 0660320 ТПК219БО диван. Report to MCC or update IMS)
20:05-20:20	CDR	IWIS Set Up
20:20-20:30	CDR	RED Exercise Video Setup
20:30-21:30	.	LUNCH
21:30-23:00	.	STS T/L Overview
23:00-23:30	.	STS Timeline Conference (<i>S-band</i>)
23:30-00:10	FE-2	ИПД air sampling for ammonia and set up for experiment
23:30-00:00	FE-1	REFLOTRON hardware health check
00:00-00:40	FE-1	Filling KOB (separation) for Elektron
00:10-00:40	CDR	Progress 357 Rodnik Water Tank 2 [ББ2] Bladder Compression
00:20-00:25	FE-2	Record time on video for IRED DTO synchronization.
00:25-01:55	FE-2	Physical Exercise (RED)

00:40-01:10	CDR	COX maintenance
00:45-01:15	FE-1	Evening work prep
01:10-01:30	CDR	IMS update
01:15-02:15	FE-1	Physical Exercise (VELO+RED) day 2
01:30-02:05	CDR	Evening work prep
01:55-02:30	FE-2	Evening work prep
02:05-02:10	CDR	Deactivation of P/TV hardware after RED DTO video
02:10-02:25	CDR	Power Down IWIS after RED Exercise
02:15-02:30	FE-1	Regeneration of БМП Absorption Cartridge Φ1 (terminate)
02:25-02:30	CDR	Transfer TVIS/RED/CEVIS/HRM data to MEC
02:30-02:45	.	Daily Planning Conference (<i>S-band</i>)
02:45-03:00	.	Evening work prep
03:00-03:30	.	DINNER
03:30-04:00	.	Daily Food Prep
04:00-05:00	.	Pre-sleep
05:00-13:30	.	SLEEP

Note: See OSTP for references to US activities.
End of Radiogram